



WIC—SPECIAL FORMULA ALPHABETICAL LISTING

January 2008

Formula	Description	Indications	Pkg	Max I	Max W/C	W/S	Notes/Special Considerations
Similac Alimentum <i>Ross</i>	A hydrolyzed protein based, hypoallergenic, infant formula that is lactose free and contains MCT oil. <i>20 cal/oz</i>	The formula is recommended for infants and children with allergies and sensitivity to intact protein (including colic). Also used in protein maldigestion and fat malabsorption.	1 Qt bottle RTU 1lb can powder	25 8	28 9	W, S W, S	The formula contains DHA and ARA.
Bright Beginnings Soy Pediatric Nutritional Drink <i>PMB</i>	A soy-based drink for lactose-intolerant and cow's milk protein allergy. <i>29.5 cal/oz</i>	The soy beverage is recommended for use as a pediatric soy nutritional drink for children ages 1-10.	8 oz can RTU		113	W	The formula is available in vanilla flavor . Meets the National Academy of Science's Recommended Dietary Allowances for protein, vitamins and minerals in 1000 ml for children 1-6 years old.
Duocal <i>Nutricia</i>	This is a calorie booster with carbohydrate and fat. <i>1 Tbsp (8.5g) = 42 cal</i>	The calorie booster is recommended to meet high calorie needs and for protein or electrolyte restricted diets.	14 oz can powder	9	10	W	Duocal is not for children under age one. It is not to be used as the sole source of nutrition. It can be used orally or in tube feedings as well as to add calories to liquids and moist food. The physician must specify the amount of Duocal to use with food and/or in tube feedings or formula.
Elecare <i>Ross</i>	An amino acid based, hypoallergenic formula for infants and children who cannot tolerate intact or hydrolyzed protein. Contains MCT oil, milk and soy. It is protein free, fructose free, galactose free, lactose free and gluten free. <i>30 cal/oz @ std dilution for children older than a year. 1 can yields 64 fl oz of formula.</i>	The formula is recommended for infants and children with severe multiple food allergies, maldigestion, malabsorption and GI tract impairment.	14.1 oz can powder	9	10	W	The standard dilution for children is 30 kcal/oz. Infant formulas are usually diluted to 20 cal/oz. Check with the physician to determine the desired calorie concentration. Vanilla-flavored Elecare is specifically designed for children. Ross does not market flavored-formulas for infants. Flavor: Vanilla and Unflavored and both contain MCT oil.
Enfamil EnfaCare Lipil <i>Mead Johnson</i>	A milk based post discharge formula for the premature infant. Nutrient levels are higher than standard formulas but lower than premature formulas designed for in-hospital use. <i>22 cal/oz @std dilution</i>	The formula is recommended for the premature infant (suitable for after hospital discharge).	12.8 oz can powder 3 oz bottle RTU 32 oz bottle	10 268 25	11 303 28	W/S W* W?S	The American Academy of Pediatrics cites benefits of premature post discharge formulas (e.g. EnfaCare Lipil, and Neosure) until 9 months postnatal age. Physicians may make individualized recommendations for shorter or longer use.



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Enfamil Human Milk Fortifier <i>Mead Johnson</i>	This is packaged as powdered packets to be added to breast milk (collected after 2 weeks postpartum) to increase the nutrient and calorie content.	The formula is used for the small rapidly growing breastfed premature infant. <i>(this is not for full term infants who are failing to thrive)</i>	0.025 oz packets	Rec'd no more than 25 packets per day.		W	Mix 1 packet per 25 ml breast milk. This is equal to 24 kcal/oz (max concentration) 1 packet per 50 ml breast milk is equal to 22 kcal/oz . The formula must be monitored frequently by a physician. Blood nutrient/ electrolyte levels should be checked. Adds very high concentration of nutrients that could be dangerous if used inappropriately. Manufacturer cautions: Add no more than one packet per 25 ml breastmilk. Monitor for excess Vitamin A and D if using more than 25 packets per day. The WIC Prescriptions must be renewed monthly.
Enfamil Premature Lipil 20 w/ Iron Enfamil Premature Lipil 24 w/Iron <i>Mead Johnson</i>	A milk based formula for premature infants. Contains high concentration of nutrients for infants who consume small volumes. <i>20 cal/oz</i> <i>24 cal/oz</i>	The formula is recommended for small rapidly growing premature infants while in NICU. (less than 5 ½ lbs.)	3oz bottle RTU	268	N/A	W*	It is designed for small rapidly growing premature infants and may be harmful in larger infants. Must be monitored frequently by a physician. Manufacturer cautions that infants who drink more than 12 oz per day (as may occur in infants > 5 ½ lbs) may consume excess amounts of some nutrients. This WIC Prescriptions must be renewed monthly.
Enlive <i>Ross</i>	A high calorie and fat free clear liquid supplement for adults. It is lactose and gluten free. <i>37 cal/oz</i>	The formula is recommended for adults requiring a clear liquid low fat, low cholesterol or low sodium diet. Also used for pre and post surgery patients who will not tolerate creamy supplements.	8.1 oz box RTU	N/A	112	W	It is available in peach or apple flavors. For oral use only. Not appropriate for long-term use as the sole source of nutrition especially for children. Contains milk products.
Ensure <i>Ross</i>	An adult formula that is lactose, and gluten free as well as low residue. <i>31 cal/oz</i>	The formula is recommended for adults whose nutritional needs cannot be met by conventional foods. (e.g. adults with poor weight gain and recovery from illness or surgery)	8 oz can RTU	N/A	113	W	The Formula Warehouse stocks: 8 oz Ensure RTU available in Vanilla, Chocolate and Strawberry flavors.



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Ensure Pudding <i>Ross</i>	An adult supplement in a pudding consistency. It is gluten free. <i>42.5 cal/oz</i>	The supplement is recommended for adults who require consistency modified diets, fluid restriction or have chewing or swallowing difficulties.	4 oz plastic cups RTU	N/A	227	W	It is available in Vanilla and Chocolate flavors.
Ensure Plus <i>Ross</i>	A high calorie, high protein adult formula that is lactose and gluten free. <i>45 cal/oz</i>	The supplement is recommended for adults who require extra calories and nutrients, and/or volume restriction or for those who need to gain weight.	8 oz can RTU		113	W	The Formula Warehouse stocks 8 oz cans of Ensure Plus RTU Vanilla and Strawberry flavors.
Glucerna <i>Ross</i>	A reduced carbohydrate, modified fat and fiber containing formula used in adults with abnormal glucose tolerance. <i>29.6 cal/oz</i>	The formula is recommended for adults who require a supplemental feeding for abnormal glucose tolerance.	8 oz can RTU	100	113	W	The formula is specialized nutrition w/fiber used for impaired glucose tolerance. Flavors: Vanilla
Isomil DF <i>Ross</i>	A soy- based infant formula with added fiber to help decrease watery stools. <i>20 cal/oz</i>	The formula is recommended for infants and toddlers over 6 months with diarrhea. <i>This formula should not be used for constipation.</i>	32 oz bottle RTU	25	28	W	The manufacturer recommends this formula for short-term use under the direction of a physician. Be sure the infant is monitored and provide only the amount prescribed.
Enfamil Kindercal TF Kindercal with Fiber TF <i>Mead Johnson</i>	A pediatric formula that is milk based and lactose free. <i>31 cal/oz</i>	The formula is recommended for children 1 – 10 whose nutritional needs cannot be met by conventional foods (e.g. chronic illness, trauma, injury or failure to thrive). <i>Not suitable for galactosemia.</i>	8 oz can RTU	100	113	W	Both Kindercal TF (Vanilla) and Kindercal with Fiber TF (Vanilla) are warehouse formulas. The “TF” indicates the product is suitable for tube feeding.



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MCT Oil <i>Mead Johnson</i>	This is a Medium Chain Triglyceride Oil (easily digested and absorbed fat source). <i>115 cal/ Tbsp 7.8 Kcal/cc</i>	The formula is recommended for patients who cannot digest, absorb, or utilize conventional fat/oil. (e.g. cystic fibrosis).	32 oz bottle			W*	This product contains fat calories only and no essential fatty acids. It should not be used as a sole source of nutrition . Designed to be mixed with other foods and beverages in small divided doses as directed by a physician.
Microlipid Nestle	A fat source is composed of long Chain Triglycerides (easily mixes with enteral formulas, beverages and table food). 4.5 Kcal/cc	Microlipid is recommended for patients who require increased caloric requirements, such as in anorexia, decreased carbohydrate tolerance, or fluid/volume restricted.	3 oz bottle	268	303	W	This product contains safflower oil that is rich in polyunsaturated fat. For special dietary use in oral supplements, foods and formulas as directed by a physician.
Neocate Infant Formula Neocate Infant Formula w/DHA & ARA <i>Nutricia</i>	A hypoallergenic amino acid based and lactose free infant formula. <i>20 cal/oz at std dilution</i>	The formula is recommended for infants with severe multiple food allergies or protein intolerances when soy and protein hydrolysate formulas cannot be tolerated.	14 oz can powder	9	10	W*	The formula preparation differs from other powdered infant formulas. To make standard dilution (20 kcal/oz) add one unpacked level scoop of powder for each fluid ounce of final volume of prepared formula (i.e. add 6 unpacked level scoops to bottle and fill up to 6 fluid ounces).
Neocate Junior Powder Nutricia	An elemental amino acid based pediatric formula for children with GI impairment due to milk protein sensitivity 30 cal/oz std dilution	The formula is recommended for children over age one with severe impairment of the gastrointestinal tract, malabsorption, cow milk protein intolerance, multiple food protein intolerance.	14 oz can powder	9	10	W*	To make standard dilution (30 kcal/oz), add the prescribed amount of Neocate Junior to the required amount of warmed water, cover and shake until the powder has dissolved. Formula should be stored in the refrigerator and discarded after 24 hours. Available in tropical fruit & unflavored powder.
Neocate One Plus Nutricia	An amino acid based unflavored powder formula for children; The elemental formula contains no intact protein; gluten free, lactose free, contains MCT oil <i>30 cal/oz std dilution</i>	The formula is recommended for children over age one with severe cows milk or multiple food protein intolerances; other medical conditions where amino acid based diet is required.	60 gm powder packets	60 36	68 40	W* W*	The WIC maximum (68- 60 gram ace) provides only 544 oz per month when reconstituted to standard dilution. MA or insurance may pay for additional formula. A justification letter for insurance companies is available through State Agency or Nutricia: 1-800 -365-7354 Flavor puts: Lemon lime, Cherry Vanilla, Grapefruit(<i>please specify flavor put on warehouse order form</i>)



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Nepro Ross	This is a high calorie, moderate protein, low electrolyte renal formula, lactose and gluten free, contains fructooligosaccharides. 59.3 cal/oz	It is an adult renal formula for people with acute renal failure requiring dialysis.	8 oz can RTU -	100	113	W	The formula is available as CARB Steady Vanilla and Cherry flavors.(Please specify flavor on Warehouse Order Form.)
Nutramigen Lipil Mead Johnson	A hypoallergenic, hydrolyzed protein based infant formula. It is lactose and sucrose free. 20 cal/oz at std dilution	The formula is recommended for infants with symptoms of cow's milk allergy including colic due to cow's milk allergy.	13 oz can conc. 1 lb can powder Qt can RTU	31 8 25	35 9 28	S,W S,W S,W	The Choline content is 24 mg/100 calories.
Nutren Jr. Nutren Jr. with Fiber Nestle	A pediatric formula with intact protein. It contains 50 % whey and 50 % casein. It is lactose free, gluten free, and contains MCT oil. 30 cal/oz	The formula is recommended for children ages 1 to 10 that are unable to meet their nutritional needs through conventional foods. The formula can be used for an oral supplement or as a tube feeding. <i>Not suitable for galactosemia</i>	8.45 oz can RTU	95	107	W	The formula is available in vanilla flavor which can be used as a supplement to meals or as a tube feeding.
PediaSure PediaSure with Fiber Ross	A pediatric formula with intact protein. 30 cal/oz	The formula is recommended for children ages 1 to 10 whose nutritional needs cannot be met with conventional foods (e.g. due to illness, injury, or malnutrition.). Available for oral supplementation in the "Kid Approved" PediaSure. or Tube Feeding formula in PediaSure Enteral, Vanilla flavor with or without fiber.	8 oz can RTU	100	113	S,W W	The formula can be purchased in retail stores and the Warehouse as "Kid Approved" PediaSure that is sweet for oral use and may not be suitable for tube feedings. It is sold at the retail store in 6 packs only (amount provided on each FI must be divisible by 6). It is available in banana cream, orange cream, strawberry and chocolate flavors Our Warehouse stocks PediaSure Enteral Formula Vanilla (Silver label) and PediaSure Enteral Formula Vanilla with Fiber (gold label) that contains less sucrose and has a lower osmolality than the "Kid Approved" version. They are suitable for oral and tube feeding.



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EO28 Splash RTU Nutricia	An amino acid based RTU pediatric formula which is lactose free, gluten free, soy and milk protein free. <i>30 cal/oz</i>	The formula is recommended for children over age one with severe GI impairment; malabsorption, or other conditions where elemental diet is required.	8 oz RTU (juice box)	100	113	W*	It is similar to Neocate One Plus except this formula has coloring and flavoring that may make it unsuitable for some children with allergies. It is not hypoallergenic . Flavors: Warehouse stocks: orange-pineapple, grape and tropical fruit.
Peptamen Junior <i>Nestle</i>	A peptide based pediatric formula; lactose free; gluten free; contains MCT oil. <i>30 cal/oz</i>	The formula is recommended for children 1 – 10 with GI impairment or malabsorption due to conditions such as chronic diarrhea, cystic fibrosis, AIDS, short bowel.	8.45 oz RTU 14.1oz can	95 9	107 10	W W	Peptamen Junior unflavored is recommended for tube feeding use. Peptamen Junior vanilla flavored is for oral use. This formula contains milk products and may not be suitable for allergies. Peptamen Junior powder allows for reconstitution of different calorie densities.
Pediatric Peptinex DT <i>Nestle</i>	This is a semi-elemental tube feeding formula that provides di-peptides, tri-peptides and free amino acids to help promote rapid absorption of nutrients in the gut. Lactose free, gluten free, low residue. Not for suitable for galactosemia. Contains Benefiber, 50% MCT oil.	The formula is recommended for children 1 –10 with short bowel syndrome/Crohn’s disease, malabsorption, intractable diarrhea, surgery, GI enterocutaneous fistula	8.45 oz can RTU 1000 ml EZ Spike closed system	95 24	107 27	W W	Pediatric Peptinex DT is available with fiber.
Polycose <i>Ross</i>	Polycose is a carbohydrate source made from glucose polymers. It is an easily digestible source of carbohydrate calories. Polycose is lactose and gluten free. <i>1 Tbsp powdr = 23 cal</i>	The formula is recommend for persons with increased calorie needs and/or cannot meet calorie requirements from a normal diet	12.3 oz powdr	N/A	N/A	W	Polycose mixes with most food, beverage or formula to increase calories. Should not be used as sole source of nutrition. Contains no protein, fat or vitamins and very low levels of minerals. The physician must prescribe the exact amount of Polycose when mixed with formula.
Portagen <i>Mead Johnson</i>	A milk based formula with MCT oil for adults and children. <i>30 cal/oz @ std dilution</i>	The formula is recommended for children and adults who do not efficiently utilize conventional fat (e.g. intestinal resections, lymphatic anomalies, decreased pancreatic lipase or bile salts)	1 lb powder		9	W	Portagen must be used under the supervision of a physician. Follow mixing instructions from the physician or product label. Portagen is not recommended for use as an infant formula or as a sole source of nutrition. Supplementation of essential fatty acids and other nutrients should be considered if Portagen is provided long term.



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Pregestimil Lipil <i>Mead Johnson</i>	A hydrolyzed protein based, hypoallergenic infant formula which is lactose free, sucrose free and contains MCT oil. <i>20 cal/oz @ std dilution</i>	The formula is recommended for infants with severe fat malabsorption (e.g. intractable diarrhea; short gut syndrome, steatorrhea; cystic fibrosis; severe protein calorie malnutrition)	1 lb powder	8	9	W	The formula contains long chain fatty acids, DHA and ARA. It is iron-fortified, isotonic, and contains 55% MCT oil.
Pregestimil 20 Lipil <i>Mead Johnson</i>	This formula is the same as above but is provided in RTU glass bottle. <i>20 cal/oz</i>	Same as above	2 oz bottle RTU	402	454	W*	The long chain fatty acids, DHA/ARA have been added.
Pregestimil 24 Lipil <i>Mead Johnson</i>	This is the same formula as above but concentrated to 24 cal/oz in RTU glass bottle.	Same as above but for infants with higher calorie needs.	2 oz bottle RTU	402	454	W*	The long chain fatty acids, DHA/ARA have been added.
Pro-Phree <i>Ross</i>	This is a protein free module that is an incomplete formula with iron, vitamins and minerals.	This protein free module is recommended for infants and toddlers requiring reduced protein intake, specific mixtures of amino acids, or increased energy, vitamins and minerals.	14.1 oz powder	9	10	W	This protein modular must be used with fluid and a source of protein or amino acids. It should not be used as a substitute for infant formula. It is not intended as a sole source of nutrition. It must be used under medical supervision.
Resource Breeze (formerly Resource Fruit Beverage) <i>Nestle</i>	A clear liquid fat free fruit beverage for persons who need to supplement their food intake to meet their nutritional requirements. It is lactose free, gluten free and low residue. <i>31.2 cal/oz</i>	This fat free beverage is recommended for persons who need to supplement their diets due to fat malabsorption, anorexia, Oncology, oral surgery and HIV/AIDS	8 oz box RTU	100	113	W	It is available in orange, peach and wild berry flavors.



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Resource 1.5 Just for Kids (available with or without fiber) Nestle	A nutritionally complete pediatric formula which is lactose free, and gluten free. It is not for patients with galactosemia. 44.3 cal/oz	The formula is recommended for children ages, 1 – 10 years of age to help meet elevated calorie needs, volume and fluid restriction.	8 oz box RTU	100	113	W	The formula is recommended for persons with anorexia, cancer and children with special needs. It is available in vanilla flavor. It contains Benefiber as the fiber source (soy fiber). It is a good source of calcium. Can be used orally or as a tube feeding.
Resource Just For Kids Nestle	A nutritionally complete pediatric formula used orally or as a tube feeding. It is lactose free, gluten free and low residue. It is not for patients with Galactosemia. 30 cal/oz	The formula is recommended for children ages 1 – 10 years of age for pre/post surgery, injury or trauma, chronic illness, failure to thrive or inadequate oral intake.	8 oz box RTU	100	113	W	Various flavors are available in vanilla, chocolate, and strawberry.
Similac Human Milk Fortifier Ross	This is a powdered breast milk fortifier which is packaged in small packets that are added to breast milk to increase nutrient and calorie content.	The breastmilk fortifier is recommended for breastfed premature infants that are less than 8 lbs. <i>It should not be used for full term infants who are failing to thrive)</i>	.031oz packet powder (.90gm)			W	Prepare according to the following directions: 1 packet per 25 ml breast milk = 24 cal/oz 1 packet per 50 ml breast milk = 22 cal/oz The fortifier adds very high concentrations of nutrients and could be dangerous if used inappropriately. Must be monitored frequently by a physician. The manufacturer recommends not using more than 22 packets per day. Do not use in infants greater than 8 lbs. WIC Prescriptions must be renewed monthly.
Similac NeoSure Ross	A milk-based post discharge formula” for the premature infant. Nutrient levels are higher than standard formulas but lower than premature formulas designed for in hospital use. 22 cal/oz at std dilution	The formula is recommended for the premature/ low birthweight infant.	12.8 oz powder 2 oz RTU 1 Quart bottle	10 402 25	11 454 28	W/S W* W/S	The American Academy of Pediatrics cites benefits of premature post discharge formulas (e.g. EnfäCare Lipil and Similac NeoSure) until 9 months postnatal age. Physicians may make individualized recommendations for shorter or longer use.
Similac PM 60/40 Ross	A milk-based low iron infant formula that contains lower levels of some minerals. 20 cal/oz @ std dilution	The formula is recommended for infants predisposed to or treated for hypocalcemia due to hyper phosphatemia and infants with impaired renal function who need lowered mineral intake.	14.1oz powder	9	10	W	Precautions: It may be necessary to supply additional iron. The formula is low in iron. The physician may need to monitor for additional electrolytes if the infant is losing electrolytes. The physician may need to monitor for supplemental calcium, phosphorus and sodium during periods of rapid growth for low-birth weight infants.



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Similac Special Care 24 w/ Iron <i>Ross</i>	A milk based formula for premature or low birthweight infants. Contains higher calorie and nutrient levels needed for rapid growth <i>24 cal/oz</i>	This formula is recommended for low birthweight and premature infants <u>who weigh less than 8 lbs.</u>	2 oz RTU	402	N/A	W*	WIC Prescriptions must be renewed monthly. The infant must be monitored frequently by a pediatrician. Monitoring of blood calcium levels is strongly recommended. Special Care 24 should not be given to babies whose weight is greater than 8 lbs.
Tolerex <i>Nestles</i>	An amino acid based adult formula. It is lactose free, gluten free, and low residue. It is low in fat and protein. <i>30 cal/oz @ std. dilution</i>	This formula is recommended for adults with impaired digestion and absorption or specialized nutrient needs such as food allergies.	80 gm powder. put	N/A	51	W	It is unflavored.
Vital HN <i>Ross</i>	A peptide based adult formula that contains amino acids and partially hydrolyzed protein.. It is low fat, gluten free and contains MCT oil. <i>30 cal/oz @ std dilution</i>	This formula is recommended for adults with GI impairment (e.g. maldigestion, malabsorption, inflammatory bowel disease, pancreatitis.)	79 gm powder put	N/A	51	W	It is available in vanilla flavor to use orally or in tube feeding.
Vivonex Pediatric <i>Nestle</i>	An amino acid based pediatric formula which is lactose free, gluten free and low residue. <i>24 cal/oz at std dilution</i>	This formula is recommended for children ages 1 – 10 with GI impairment (e.g. TPN transitional feeding, short bowel, malabsorption, trauma/ surgery, Crohn's disease, intractable diarrhea and AIDS).	48.5 gm powder put	74	84	W	This formula can be used as a tube feeding or orally with flavor packets. Flavor packets are available in raspberry, orange and pineapple. <i>Please specify the kind of flavor packet on the Formula Warehouse order form.</i>
Vivonex TEN <i>Nestle</i>	100 % Amino Acid Based Adult Formula which is very low in fat, lactose free, gluten free and low residue. <i>30 cal/oz @ std dilution</i>	This formula is recommended for adults with GI impairment (e.g. bowel resection, malabsorption, trauma/surgery, Crohn's disease, GI fistula, and Pancreatic disorders)	80 gm powder put	N/A	51	W	Flavor packets are available in raspberry, orange and pineapple. <i>Please specify flavor packets on Warehouse order form.</i>

Manufacturer	Website	Phone
Mead Johnson	www.meadjohnson.com	Pediatric Medical Affairs: (812) 429-6399 Customer Service: 1- 800 457-3550
Ross	www.ross.com/productHandbook	Consumer Relations 1-800 986-8510 Metabolic Hotline 1-800 986-8755
Nutricia	www.shsna.com www.neocate.com www.myspecialdiet.com www.nutricia.com www.shsnaoffice.com	Nutrition Specialists: 1-800 365-7354
Nestle	www.nestleclinicalnutrition.com	Product/Nutrition Information 1-800 422 ASK2
Novartis	www.novartisnutrition.com/us/home	Product Information: 1-800 333-3785 Option 3 Product Information: 1-800 333-3785 Option 3